



CONVENTION of Atlantic Baptist Churches  
CONVENTION des Églises Baptistes de l'Atlantique  
Canadian Baptists of Atlantic Canada

STRONGER.TOGETHER. *Helping Churches Grow Passionate Disciples.*

Dear Ministry Friends,

Across the Atlantic Provinces ministry wives are receiving invitations to participate in a very energizing, relationship building event... the REFRESH Retreat. This once-a-year gathering of our ministry wives draws in women from different ministry environments within our Convention of Atlantic Baptist Churches with at least one thing in common – each one is married to a man in full-time ministry or bi-vocational ministry.

The REFRESH Retreat offers a safe environment for the ministry wife to learn, share, pray, celebrate and be refreshed, while spending time networking with her sisters in Christ. This network becomes an ongoing resource of encouragement, prayer support, and friendship as each one returns to their individual situations.

We would like to invite you, as your ministry wife's support system, to financially underwrite this event for her. There is no other event like this one. It not only benefits the ministry wife, her husband (your pastor) and family, but it also benefits you: as you demonstrate your love and care to her in this way she (and her husband and family) are encouraged, energized, and revitalized as she returns home.

For your convenience, a copy of the event brochure and registration form are located on the Convention website [www.baptist-atlantic.ca/refresh](http://www.baptist-atlantic.ca/refresh). If you have any questions regarding the event, please do not hesitate to ask Laura Sherwood ([laura.refresh@gmail.com](mailto:laura.refresh@gmail.com)). (Completed Registration Forms can be printed off or emailed directly to the Registrar, Heather Budd, at [register4refresh@gmail.com](mailto:register4refresh@gmail.com). Please see the directions on the Registration Form.) Thank you for prayerfully considering this request.

Sincerely in Christ,

Rev. Dr. Peter Reid  
Executive Minister

Rev. Laura Sherwood  
REFRESH Committee Chair